



# Académie LaurenHill Academy

Senior Campus: 2505 Côte Vertu, St. Laurent, Québec H4R 1P3, Tel: 514.331.8781 Fax: 514.331.7145

## Standards and Procedures

<b>Academic Year:</b> 2022-2023	<b>Department:</b> Physical Education & Health
<b>Subject:</b> Physical Education & Health	<b>Level (Cycle and Year):</b> Secondary 3 to 5.
<b>Teachers' Names:</b> Leon Tzortzis, Shaun Simon, Elias Koniaris	

### **TERM 1 (20%):**

School Reporting Date(s): August 31<sup>st</sup>, 2022 to November 4<sup>th</sup>, 2022

Progress Report: October 13<sup>th</sup>, 2022

Term 1 Report Card: November 18<sup>th</sup>, 2022

<b>Competency Targeted</b>	<p><b><i>Competency 1: Performs movement skills in different physical activity settings</i></b></p> <p><b><i>Competency 3: Adopts a healthy active lifestyle</i></b></p>
<b>Evaluation Methods/Tools</b>	<ul style="list-style-type: none"> <li>• 50% daily 5-point marking system based on participation and effort.</li> <li>• 25% ability and skill acquisition and implementation.</li> <li>• 25% Homework assignments (Google Classroom).</li> </ul>
<b>General Timeline</b>	September to November (5 periods per topic).
<b>Topics Covered</b>	Cardiovascular Activities and Fitness & Fitness Testing Racket sports (Pickleball, Badminton) Low organization games.



# Académie LaurenHill Academy

Senior Campus: 2505 Côte Vertu, St. Laurent, Québec H4R 1P3, Tel: 514.331.8781 Fax: 514.331.7145

<b><i>TERM 2 (20%):</i></b>	
School Reporting Date(s):	November 7 <sup>th</sup> , 2022 to February 10 <sup>th</sup> , 2023
Term 2 Report Card:	February 24 <sup>th</sup> , 2023
<b>Competencies Targeted</b>	<b><i>Competency 1: Performs movement skills in different physical activity settings.</i></b> <b><i>Competency 2: Cooperates with others in different physical activity settings.</i></b>
<b>Evaluation Methods/Tools</b>	<ul style="list-style-type: none"><li>• 50% daily 5-point marking system based on participation and effort.</li><li>• 25% ability and skill acquisition and implementation.</li><li>• 25% Homework assignments (Google Classroom).</li></ul>
<b>General Timeline</b>	<i>November to February (5 periods per topic).</i>
<b>Topics Covered</b>	Team Sports (Tchoukball, Basketball, Team Handball)



# Académie LaurenHill Academy

Senior Campus: 2505 Côte Vertu, St. Laurent, Québec H4R 1P3, Tel: 514.331.8781 Fax: 514.331.7145

<b>TERM 3 (60%):</b>	
School Reporting Date(s):	February 13 <sup>th</sup> , 2023 to June 22 <sup>nd</sup> , 2023
Term 3 Report Card:	June 22 <sup>nd</sup> , 2023
<b>Competencies Targeted</b>	<p><b>Competency 1: Performs movement skills in different physical activity settings.</b></p> <p><b>Competency 2: Cooperates with others in different physical activity settings.</b></p> <p><b>Competency 3: Adopts a healthy active lifestyle</b></p>
<b>Evaluation Methods/Tools</b>	<ul style="list-style-type: none"> <li>• 50% daily 5-point marking system based on participation and effort.</li> <li>• 25% ability and skill acquisition and implementation.</li> <li>• 25% Homework assignments (Google Classroom).</li> </ul>
<b>General Timeline</b>	February to June
<b>Topics Covered</b>	Team sports: Volleyball, Ultimate Frisbee Cardiovascular Activities and Fitness & Fitness Testing

<b>Communication to Students and Parents</b>	Google Classroom & Mozaic
<b>Missed Test Policy:</b>	Students who miss tests or evaluations must see their respective teachers to make up the evaluation during lunch hour.
<b>Late Assignment Policy</b>	10% of the grade will be deducted per day late, up to three days after the due date. No late assignments will be accepted for grading after the third school day.
<b>Vacation Policy</b>	Trips should be planned based on the school calendar. No academic accommodations will be made for students who miss school.



# Académie LaurenHill Academy

Senior Campus: 2505 Côte Vertu, St. Laurent, Québec H4R 1P3, Tel: 514.331.8781 Fax: 514.331.7145

## Daily Marking Rubric

The daily marking rubric is based on the following:

**Behavior:** How well the student interacts with the teacher and their peers, how the student follow directions and is engaged in the class activities

**Effort:** The amount of effort the student exhibits throughout the activities

**Preparedness:** How equipped the student is to participate in the activity (uniform, appropriate footwear, appropriate outdoor clothing, etc).

		Percentage Correlation
5	<ul style="list-style-type: none"><li>The student shows leadership and is a major contributor to their class. The student is helpful to the teacher and other students.</li><li>The student works hard and sets a standard above the level for their class.</li><li>The student arrives in full LHA PE uniform and is prepared for an active class.</li></ul>	88 - 100
4	<ul style="list-style-type: none"><li>The student interacts easily and the student shows some leadership and is actively involved and focused in all class activities.</li><li>The student arrives in full LHA PE uniform and is prepared for an active class.</li></ul>	74 - 87
3	<ul style="list-style-type: none"><li>The student follows the activities reluctantly but has acceptable behavior.</li><li>The student works well and keeps with the class during the activity.</li><li>The student has the full LHA PE uniform and needs prompting to be ready for an active class or needs reminders about what is considered appropriate PE uniform.</li></ul>	60 - 73
2	<ul style="list-style-type: none"><li>The student has difficulty following directions. The student follows along but is disruptive and is often off-task.</li><li>Constant teacher effort is needed to keep the student engaged.</li><li>The student arrives with inappropriate clothing (parts of the PE uniform missing).</li></ul>	42 - 59
1	<ul style="list-style-type: none"><li>The student does not work well in a group setting.</li><li>The student is often disruptive, rude or vulgar.</li><li>The student is lethargic and does not keep up with class.</li><li>The student comes to class without their PE uniform.</li></ul>	24 - 41

This is a general outline and is subject to change if the teacher sees fit.

Enriched and Adapted classes may vary in the evaluation